



Nuns' Island JKA Spring-Seminar-2023 May 13th & 14st

Shahrokh Hoghooghi 7th Dan JKA
Mark Deschatelets 6th Dan JKA

We would like to invite you to the Nuns' Island-JKA Annual Spring-seminar-2023. The seminar will emphasize on betterment of good character and manners as well as providing the participants with the JKA standards in Kihon, Kata and Kumite. There will also be a special training for DAN and Qualifications for the higher ranks for Instructors, Judges, and examiners certification. This seminar will provide an atmosphere to cultivate friendship amongst various other dojos.

Saturday May 13	9:30-10:15	Instructors & Examiners qualification (Theory)
	10:30-11:30	All levels (Kihon & Kata)
	11:30-12:00	Brown & Black (Kata)
	12:00	Break
	12:30-13:15	Judging qualification (Theory)
Sunday May 14	13:30-14:30	All levels (Kihon & Kumite)
	14:30-15:00	Brown & Black (Kumite)
	10:30-11:30	All levels (Kihon & Kata)
	11:30-12:00	Brown & Black (Kata)
	12:00	Break
	12:30-13:15 (Written exam)
	13:30-14:30	All levels (Kihon & Kumite)
14:30-15:00	Brown & Black (Kumite)	
15:00-15:30	Brown & Black-Preparation for Shodan & Nidan Exams	
15:30	<u>Exams</u> -Dan -Qualifications	

Seminar fees (cnd)

Full seminar	\$100
Per class	\$35

Dan exam (usd)

Shodan	\$250
Nidan	\$280

Qualification-D (usd)

Instructor	\$110
Judge	\$110
Examiner	\$160

Dan & Qualificatios: Submission deadline May 11th

Sho-dan & Ni-dan exams will be performed.

- Must take full-seminar
- Must have your Sensei's permission
- Must have a valid JKA-membership & passport

Qualification Exams Criteria:

- 1- D-level Instructor: You must have attained your Ni-dan for at least 3 months and be 20 years or older.
- 2- D-level Judge: You must have attained your Ni-dan for at least 3 months and have your Instructor D-level.
- 3- D-level Examiner: You must have attained your San-dan for at least 3 months and have your D-level instructor as well as D-level judge and you must be 25 years or older.

Documents:

Technical Manual for the Instructor

Tournament Rules & Regulations 2018

Dan Examination Record

Seminar Location: Nuns' Island tennis club

300-Chemin du golf, Montreal, Qc, H3E-1A8.

- Please bring the exact amount
- Please give yourselves an extra 30 minutes in case of traffic delays

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